Seven ways to keep WHF employees feeling their best

1. Discomfort from using a laptop keyboard

Trying to juggle everything on a single screen can slow them down. Workers regularly have to run multiple programs at the same time: Email, messaging, websites, documents, and spreadsheets just to name a few.

Solution: An external keyboard can help keep arms comfortably placed close to where they work in an awkward, hunched position. An external monitor with an adjustable screen can help people find the neck in an uncomfortable position.

2. Screen fatigue

Looking at a small screen at the wrong height can cause people to lean forward at a neck in an uncomfortable position.

Solution: Computer monitors are designed to be easy on the eyes and reduce eye strain—especially when paired with an adjustable monitor arm that can be set to the sweet spot in a comfortable, upright position.

3. Discomfort from looking down at a small laptop screen

Too much work for one screen

Too many programs running on one screen can cause frustration. Windows 10 Pro.

Solution: An external monitor can provide a much-needed second screen for those who work with complex or highly visual applications. Having more than one monitor is proven to improve productivity.

4. Too much work for one screen

A颅 poorly-placed video conferencing camera

An external monitor with an adjustable screen can help people find their sweet spot in a comfortable, upright position.

Solution: Desktops littered with cords and cables

A颅 slow, out-of-date OS can be prone to lags

An external monitor with an adjustable screen can keep people working faster than before and boost productivity.

Solution: Create a healthier, more productive workforce

Elevating experiences with technology enables people to work faster and be more productive. HP PCs, monitors and accessories use human-centered design to support complex or highly visual applications, and can empower people to do what they do best. HP recommends the latest version of the Windows OS that requires a lot of time for start-up and refresh can cause frustration and delays—which adds up to lost focus.

Solution: A dock helps clear the desk and the mind, with connections for a wired network, data, and video—all through a single USB-C® cable. Quick plug-in and plug-out makes it easy for people who need to be flexible in where and when they work.

Make it easy for your people to deliver their best. Learn more at www.hp.com.